



BIRTHING BEAUTIFUL  
COMMUNITIES

## Becoming a Doula through Birthing Beautiful Communities

### What is a Doula?

A doula is a trained professional who provides continuous physical, emotional, and informational support to their client before, during, and shortly after childbirth to help them achieve the healthiest, most satisfying experience possible.

(DONA International, 2023)

### Train to be a Doula with Birthing Beautiful Communities

- Women wanting to serve within their community as doulas can receive training and certification from Birthing Beautiful Communities. Through training and resources, we aim to empower women as they serve in their community by providing sustainable wages as a toolkit for entrepreneurship.
- Trainees are required to complete ten training modules with little to no absences and pass the certification exam with 80% or higher.

(Birthing Beautiful Communities, 2022)

### Our next doula training will be held:

#### October 7 - 14, 2023

- Doula training consists of two in-person sessions (Saturday, October 7, 2023, & Saturday, October 14, 2023) and five virtual sessions (Monday, October 9 - 14, 2023).
- A certification exam will shortly follow the completion of the week-long training.

**Applications for training will open in August. For more information, please contact us at [training@birthingbeautiful.org](mailto:training@birthingbeautiful.org).**